

MEATLOAF

2 Lbs. Ground beef
1 egg, beaten
1 cup sour cream
8-10 saltines, crushed
1 small onion, chopped finely
1 teaspoon Dijon mustard
salt and pepper to taste.

Preheat oven to 350 degrees.

Mix all in a bowl.

Put into a loaf pan and bake for 1½ hrs.

Barbara Mercer